Presentation procedures and overview

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*Topic:*

In the world we live in, the most important factor in any relationship is healthy communication. Parents should know how important their words mean to their children. A parent’s words literally have the power of shaping a child’s future and outlook on life. When parents communicate effectively with their children, they are showing them respect. Children then begin to feel that they are heard and understood by their parents, which is a boost to self-esteem. On the other hand, communication between parents and children that is ineffective or negative can lead children to believe that they are unimportant, unheard, or misunderstood. Such children may also come to see their parents as unhelpful and untrustworthy (Long & Zolten, 1997). Adolescents deal with a manifold of issues ranging from peer pressure, bullying, and being teased and picked on by other peers. In Christian Counseling, Collins (1988) reported adolescence means a period of growth and maturity when young people are growing and going through this particular stage of life, it is very important that they maintain healthy communication with parents, teachers, and whoever has influence over life during this stage. Therefore, children should be affirmed by their parents to to give them stronger self-confidence, and solid relationship between them.

*Title:*

How to effectively affirm your child: Throwing negative statements away, not your child.

*Summary:*

This presentation informs parents of how their words could possibly harm their children, causing them to perform poorly in school, act out in behavior, and seek affirmation from the inadequate places. It will also show parents the importance of how praise, time, rewards, and investing in their children can benefit them a great deal. The presentation will also provide affirming statements to aid parents in encouraging their children to succeed, better behave, and strength the relationship with the child.

*Presentation Procedures:*

This particular presentation will be in the form of a PowerPoint.

Materials and procedures needed for presentation:

1. A computer with access to the internet.
2. Start presentation with a situational introduction doing a role play with the class.
3. Give the class time to process information and ask a question to engage the class.
4. Show the class a media clip about how important it is for parents to affirm their children.
5. Give the class a biblical worldview of why speaking positive words are necessary.
6. Give a very shocking statistic about the amount of time parents and children spend talking to each other out of a 168 hour work week.
7. Ask the class questions, have class do an activity that includes writing down negative statements. After writing down statements, I will show the class an object lesson with a glass of water.
8. Give parents example of what negative and positive statements sound like.
9. Give parents four ways to positively affirm their child. (Including praise, reward, time, and investment.

*Here are the steps for parents to affirm child:*

Step 1: Praise- Affirming children with encouraging words. (When child does well in school, win a ball game, or nice outfit, do something remarkable, or for no reason at all.)

Step 2: Reward-Affirming children with tangible items (Movie, certificate, favorite dinner, special activity.)

Step 3:Time-Affirming children with quality time. (Children spell love TIME.)

Step 4: Investing- Affirming children by investing in their dreams (Sing, music, arts and crafts, education)

References

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